

**Challenge Motivation**  
**Abseiling Flying**  
**DofE Radios**  
**Leadership Pilot**  
**Shooting Competition**  
**RAF Visits Confidence**  
**Swimming First Aid Friendship**  
**Archery Model Making Navigation**  
**Opportunities Hockey**  
**Rugby Athletics Communication**

**Military Skills**  
**Adventure**  
**Hiking**  
**Camping**  
**Scuba Diving**  
**RAF Visits**  
**Swimming**  
**Archery**  
**Opportunities**  
**Rugby**

**Marksmanship**  
**Confidence**  
**Friendship**  
**Marksmanship**  
**Excitement**  
**Teamwork**  
**Communication**



*What are you doing this*  
**Weekend?**

Are you up for fun, adventure, incredible experiences and making new friends?

Are you looking for the edge in life?

The Air Cadets is a UK-wide organisation with more than 40,000 members aged between 13 and 20 years. Sponsored by the Royal Air Force, we can give you hands-on experience of activities and courses that will challenge and develop your skills to help you succeed in whatever you want to do.

**2210 Cowley Squadron**  
 Monday & Wednesday 1915-2145



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